Short Confession Prayer by Karma Lingpa

Not recognising the guru as Buddha
Not realising their instructions as nectar
Underestimating the guru
I confess and repent!

Not recognising one's mind as Buddha,
Not realising thoughts are the Dharmakaya,
Extracting these from one's mind,
I confess and repent!

Not recognising one's body as the deity form,
Not realising the body is the complete mandala;
Positing one's body as vulgar
I confess and repent!

Not recognising the master as the spiritual friend
Not realising that samaya is a lamp
Competitive jealousy of friends,
I confess and repent!

Not recognising wealth and riches as illusions
Not realising such hoards will be spent
Greed and miserliness for riches
I confess and repent!
Not recognising that dwellings are on loan
Not realising what is built becomes ruins
Clinging to ownership of dwellings
I confess and repent!

Not recognising that wandering about is samsara
Not realising actions arise from karmic obscurations
Lost in going and staying
I confess and repent!

Not recognising that death is definite
Not realising that human life will be exhausted
Postponing practice of Dharma
I confess and repent!

OM, degeneration of vajra body samaya
I confess and repent!

AH, degeneration of lotus speech samaya
I confess and repent!

HUM, the degeneration of perfect mind samaya
I confess and repent!

HRI, the degeneration of the victor's body, speech and mind samaya
I confess and repent!
OM AH HUM HRI

Then repeat the 100 syllable mantra of Vajrasattva as much as possible.

This from the Terchen of Karma Lingpa is to be done until samsara is completely emptied.
May it be virtuous. Sarva Mangalam. May the blessings of Dharma increase.

This prayer was handed out during the Longchen Nyinthig transmissions at Shechen Monastery, Boudhanath, given by HE Shechen Rabjam Rinpoche, from April 22-28 2019. Translated by Adele Tomlin on the Dakini Day morning of 29th April 2019 while staying in Swayambunath, Nepal. May it be of benefit!

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