

Short Confession Prayer by Karma Lingpa

Not recognising the guru as Buddha

Not realising their instructions as nectar

Underestimating the guru

I confess and repent!

Not recognising one's mind as Buddha,

Not realising thoughts are the Dharmakaya,

Extracting these from one's mind,

I confess and repent!

Not recognising one's body as the deity form,

Not realising the body is the complete mandala;

Positing one's body as vulgar

I confess and repent!

Not recognising the master as the spiritual friend

Not realising that samaya is a lamp

Competitive jealousy of friends,

I confess and repent!

Not recognising wealth and riches as illusions

Not realising such hoards will be spent

Greed and miserliness for riches

I confess and repent!

Not recognising that dwellings are on loan

Not realising what is built becomes ruins

Clinging to ownership of dwellings

I confess and repent!

Not recognising that wandering about is samsara

Not realising actions arise from karmic obscurations

Lost in going and staying

I confess and repent!

Not recognising that death is definite

Not realising that human life will be exhausted

Postponing practice of Dharma

I confess and repent!

OM, degeneration of vajra body samaya

I confess and repent!

AH, degeneration of lotus speech samaya

I confess and repent!

HUM, the degeneration of perfect mind samaya

I confess and repent!

HRI, the degeneration of the victor's body, speech and mind samaya

I confess and repent!

OM AH HUM HRI

Then repeat the 100 syllable mantra of Vajrasattva as much as possible.

*This from the Terchen of Karma Lingpa is to be done until samsara is completely emptied.
May it be virtuous. Sarva Mangalam. May the blessings of Dharma increase.*

This prayer was handed out during the Longchen Nyinthig transmissions at Shechen Monastery, Boudhanath, given by HE Shechen Rabjam Rinpoche, from April 22-28 2019. Translated by Adele Tomlin on the Dakini Day morning of 29th April 2019 while staying in Swayambunath, Nepal. May it be of benefit!

All rights reserved, 2019.